

The logo for Fairfax Cryobank features the word "Fairfax" in a dark blue, sans-serif font above the word "Cryobank" in a teal, sans-serif font. A stylized graphic element, resembling a DNA helix or a pair of chromosomes, is positioned between the two words, connecting them.

# Fairfax Cryobank

*The Trusted Choice for Donor Sperm*

## Donor Insemination

Top 10 Things  
You Need to  
Know



[www.fairfaxcryobank.com](http://www.fairfaxcryobank.com)

800-338-8407  
+1 703-698-3976



## 01 What is my chance of success with donor insemination?

- A The monthly chance of pregnancy ranges from 8% to 15%, but ultimate pregnancy rates are high, with up to 80% of individuals who choose donor insemination eventually having a child.

## 02 How is donor insemination performed?

- A Donor Insemination is a simple procedure that uses a syringe to place sperm into a cervix or uterus to achieve fertilization. Sperm can be obtained from a person you know or from a sperm bank. Your medical provider will discuss which Donor Insemination procedure is right for you.

There are basically two types of insemination options, intrauterine or intracervical:

**Intrauterine Insemination (IUI):** a medical procedure using a small catheter to insert semen directly into the uterus by way of the cervical opening. The sperm specimen is labeled as IUI and is pre-washed to remove seminal plasma.

**Intracervical Insemination (ICI):** Semen is placed into the cervical opening. Sperm is typically labeled as ICI (intracervical or standard) and is unwashed.

## 03 Why choose donor insemination over other options to build my family?

A

**There are several advantages to using donor insemination over other methods:**

- Donor can be selected by you with help from your partner, family, and friends
- You can experience pregnancy and all the excitement that pregnancy brings
- A partner or spouse can participate in the inseminations
- Donor insemination is painless
- Generally less costly than other options

# Credentials You Can Count On

Food and Drug Administration (FDA)  
registered tissue establishment.



**State inspected  
and licensed**





## 04 Which donor category should I choose?

A

Choosing an ID or non-ID donor is a personal choice. If you choose an ID donor, your child will have the option to request the donor's identifying information once they reach 18.

## 05 What are the steps I need to follow if I am ready to move forward?

A

Simply put, you choose your donor, place your order, make arrangements for shipping or pickup, then you're ready to go!

## 06 How do I choose a sperm bank?

A

Selecting a sperm bank is as critical as choosing a donor. Consider the following in making your decision:

- FDA registered
- Reputation and experience
- Extent of infectious and genetic disease testing and screening
- Sperm sample quality standard
- Vial buy-back options
- Medical professional recommendation

## 07 What if I want a full biological sibling for my child?

- A Consider storing some additional vials for a full sibling. It could be several years between pregnancies, and a specific donor's supply vials often runs out. Sperm banks usually will buy back the units that you don't use, i.e., vial Buy Back policy.

## 08 Are the number of births limited for each sperm donor?\*

- A Each bank makes different decisions on whether or how to limit each donor's births. Fairfax Cryobank creates sperm donor birth limits based on the application of several criteria. Specifically, a donor's sales will cease when 25 families (children from the same donor living in one home) have been reported in the US. International distribution stops when 15 families have been reported internationally. After the family limits have been met, vials will only be distributed for sibling pregnancies. Families who have children by the same donor will be sold additional donor vials, if available, as "Sibling Pregnancy Only" vials. In addition, we also monitor the reported location of births and limit the geographic distribution of a donor consistent with the guidelines of the American Society for Reproductive Medicine (ASRM). In order to help us monitor the number of births associated with any donor, it is important that you be diligent in reporting births to us. Please go to the pregnancy reporting page on our website or call us with your information. If a donor has reached his maximum limits on families or total sales, reactivation of that donor may be available for sibling pregnancies. (Reactivation means that a donor can be asked to provide additional samples after he has left the program. The donor must first agree to be reactivated and if he does the client agrees to pay all costs, which typically exceed several thousand dollars.)

## 09 Should I tell my donor-conceived child about his/her origins?

**A** Mental health professionals do recommend that families disclose this information. Increasingly more literature, both lay and medical, is being published to assist families as they contemplate how best to address this issue with their children. There are also online resources, chat rooms, forums, and support groups that may be helpful. Join the Fairfax Cryobank Family Forums for potential connections.

## 10 What if there are medical problems that are reported in a donor's offspring or by the donor himself? How will I know?

**A** The risk of a birth defect when conceiving with donor insemination is no different than when conceiving naturally, and it ranges from 2% to 4%. The screening and testing of donors is to ensure that these risks and those of disease transmission are managed as well as reasonably possible. Therefore, sperm banks take the reporting of any medical problems by offspring or the donor very seriously.

You also can check with the sperm bank to see if there has been a medical update that might affect your child or your future plans for more children. Some offer this as an online service you can check anytime. For those who choose to store sperm at locations other than the originating sperm bank, it is particularly important to check the donor's status prior to an insemination.

## Locations

### 📍 Fairfax, VA

800-338-8407

3015 Williams Drive, Suite 110

Fairfax, VA 22031

[info@fairfaxcryobank.com](mailto:info@fairfaxcryobank.com)

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### 📍 Austin, TX

512-206-0408

1305 W 34th Street, Suite 210

Austin, TX 78705

[cryobank-austin@fairfaxcryobank.com](mailto:cryobank-austin@fairfaxcryobank.com)

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### 📍 Houston, TX

713-936-9600

1213 Hermann Drive, Suite 580

Houston, TX 77004

[houstoncryobank@fairfaxcryobank.com](mailto:houstoncryobank@fairfaxcryobank.com)

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### 📍 Philadelphia, PA

215-386-1977

3401 Market Street, Suite 205

Philadelphia, PA 19104

[phillycryo@fairfaxcryobank.com](mailto:phillycryo@fairfaxcryobank.com)

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### 📍 Roseville, MN

651-489-8000

1944 Lexington Avenue North

Roseville, MN 55113

[rosevillecryo@fairfaxcryobank.com](mailto:rosevillecryo@fairfaxcryobank.com)

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### 📍 Pasadena, CA

626-432-1681

65 North Madison Avenue, Suite 610

Pasadena, CA 91101

[pascryo@fairfaxcryobank.com](mailto:pascryo@fairfaxcryobank.com)

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### 📍 Miami, FL

786-840-2888

7190 Southwest 87th Avenue, Suite 203

Miami, FL 33173

[miamicryo@fairfaxcryobank.com](mailto:miamicryo@fairfaxcryobank.com)

# Want to Know More?

Call our experienced  
Client Services team at  
**800-338-8407,**  
**+1 703-698-3976** or  
speak with your  
medicial professional.

We would be happy to  
answer your questions  
and help you  
confidently create the  
family you desire.

