


Updated medical information on the donor and his family (if applicable) can be found at fairfaxcryobank.com/prs-donor-updates

DONOR MEDICAL AND SOCIAL HISTORY FORM

DONOR ID #: 

Thank you for your interest in becoming a sperm donor. The following three-part questionnaire has been developed to help us and potential recipients gain insight into your personal and family medical and social history.

PART I – DONOR GENERAL AND PSYCHOSOCIAL DESCRIPTION

These are questions about your general description, occupation, education, and personal characteristics.

PART II – DONOR'S FAMILY SOCIAL INFORMATION

This refers to your parents, siblings, and maternal/paternal grandparents. Please complete to the best of your knowledge. You may want to consult with these family members to complete the questions/statements that are unknown to you.

PART III – DONOR'S PERSONAL MEDICAL HISTORY

This refers to you, your immediate family, aunts, uncles and cousins and grandparents. Once again, you may need to consult with these other family members to answer questions that are unknown to you.

PART IV – DONOR AND FAMILY MEDICAL HISTORY

This page is a legal document, in which you verify that, to the best of your knowledge, your responses to the questions accurately reflect the past and current state of your personal and family health. It will be detached from the rest of the questionnaire and will remain confidential.

Please sign and date the statement on page 12.

INSTRUCTIONS FOR COMPLETING THIS FORM:

1. DO NOT USE PENCIL: USE BLUE OR BLACK INK
2. FORMS IN PENCIL WILL NOT BE ACCEPTED!
3. Please answer *all* questions to the best of your ability by checking the appropriate boxes, circling the appropriate answer or providing written responses in the spaces provided.
4. Do not put your name anywhere on this form, except your signature on page 12.
5. Do not list the city as place of birth for you or family members. List state only (or country if not US born).

Donor ID#

*ADP***PART 1A – DONOR GENERAL AND PSYCHO-SOCIAL DESCRIPTION**

1. Current Age: <i>22</i>	2. Today's Date: <i>5/18/10</i>	3. Place of Birth (State or Country only): <i>OR</i>
4. Mo./Yr of Birth: <i>12/77</i>	5. Height: <i>5'8"</i>	6. Weight: <i>180</i>
7. Eye Color: <i>Hazel</i>		8. Hair Color: <i>Blonde</i>
9. Hair (circle that apply): Balding <input type="checkbox"/> Thin <input type="checkbox"/> <u>Average</u> <input type="checkbox"/> Thick <input type="checkbox"/> Curly <input type="checkbox"/> Wavy <input type="checkbox"/> <u>Straight</u> <input type="checkbox"/>		10. Freckles: <u>None</u> <input type="checkbox"/> Numerous <input type="checkbox"/> Few <input type="checkbox"/>
11. Skin Color: <u>Fair</u> <input type="checkbox"/> Medium <input type="checkbox"/> Dark <input type="checkbox"/> Olive <input type="checkbox"/> Light Brn <input type="checkbox"/> Reddish Brn <input type="checkbox"/> Med. Brn <input type="checkbox"/> Dark <input type="checkbox"/>		
12. Are you: Left Handed <input type="checkbox"/> <u>Right Handed</u> <input type="checkbox"/> Ambidextrous <input type="checkbox"/>		
13. Are you a twin? Yes <input type="checkbox"/> <u>No</u> <input type="checkbox"/> Are there twins in your family? Yes <input type="checkbox"/> <u>No</u> <input type="checkbox"/> If yes are they: Identical <input type="checkbox"/>		
14. Family Background: Race: <input checked="" type="checkbox"/> Caucasian <input type="checkbox"/> Black <input type="checkbox"/> Asian <input type="checkbox"/> Latin <input type="checkbox"/> Middle Eastern <input type="checkbox"/> Other <input type="checkbox"/>		
15. Mother's Ethnicity: 1. <i>Norwegian</i> 2. 3. 4.		
16. Father's Ethnicity: 1. <i>Norwegian</i> 2. 3. 4.		
17. Circle any group from which you descend: African <input type="checkbox"/> Jewish <input type="checkbox"/> Mediterranean <input type="checkbox"/> Irish American <input type="checkbox"/> Middle Eastern <input type="checkbox"/> Cajun <input type="checkbox"/> French/Canadian <input type="checkbox"/>		
If Jewish, please circle one of the following: Asian <input type="checkbox"/> Ashkenzai <input type="checkbox"/> Sephardic <input type="checkbox"/>		

PART 1B – EDUCATION AND CAREER

1. Occupation: <i>Construction Management</i>		2nd Occupation:
2. What was your high school GPA? <i>3.0</i>		3. Are you currently in college? Yes <input type="checkbox"/> <u>No</u> <input type="checkbox"/>
College/University GPA:	Degree: <i>Zygos AA</i>	Major: <i>Operational Engineering</i>
Post Graduate GPA:	Degree:	Major: <i>Mechanical Engineering</i>
4. What are your career goals? <i>To become a well Respected Leader</i>		

PART 1C – PERSONAL CHARACTERISTICS

1. Math Skill Ability: <i>Good</i>	
2. Mechanical Ability: <i>Good - Above Average</i>	
3. Athletic Ability: <i>Good - Above Average</i>	
4. Musical Ability: <i>Low</i>	
5. Foreign Language Ability: <i>Low</i>	
6. Artistic Ability: <i>Fair</i>	
7. Special hobbies, talents and interests: <i>Climbing, Mountaineering, Hiking, Skiing, Biking</i>	
8. Favorite Sport: <i>All of the Above</i>	9. Favorite Food: <i>Steak</i>
10. Favorite Color: <i>Green / Orange</i>	11. Favorite Pet: <i>Dog</i>
12. Favorite Movie: <i>Fearless</i>	13. Favorite Book or Author: <i>Annu. D. Azel</i>
14. Favorite Music and/or Group(s): <i>Alternative, Talking Heads</i>	
15. Where would you like to travel and why? <i>Tibet - to see the Himalayas</i>	

Interviewer Comments: _____

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PART 1C - PERSONAL CHARACTERISTICS Cont'd

1. How would you describe your personality?

Driven, conscientious

2. Do you consider yourself to be more:

☒ Analytical/Rational or Intuitive/Feeling☒ Extrovert or Introvert

both

3. Why do you want to be a donor?

To help people that want to have a child that are unable to

4. Who do you most admire and why?

My Parents Because they have been a positive influence.

PART 2 - DONOR'S FAMILY INFORMATION (Please Circle choices and/or complete)

1. Do you have any children? Yes ☒ No

If Yes, please complete the following below:

Age: _____ Sex: _____ Health Problems: _____

Age: _____ Sex: _____ Health Problems: _____

Age: _____ Sex: _____ Health Problems: _____

2. Have you been responsible for any other pregnancies? Y ☒ If yes, what year(s) did they occur? _____

3. DONOR'S FATHER

Yr of Birth: 1947

Place of Birth: North Dakota

Eye Color: Blue

Hair Color: Strawberry Blonde

Describe Hair: Balding ☒ Thin ☒ Average ☒ Thick ☒ Curly ☒ Wavy ☒ Straight ☒ Height: 5'11"

Weight: 220

Complexion: Fair ☒ Medium ☒ Olive ☒ Light/Brown ☒ Medium/Brown ☒ Dark/Brown ☒ Freckles: Yes ☒ NoBone Structure: Small ☒ Medium ☒ Large ☒ Very Large ☒ Vision: Excellent ☒ Good ☒ Fair ☒ Poor

Occupation: Landscape Business

Education: some college

Special skills or characteristics: Gardening, Exercising, Guitar, Animals, Nature

List any past or present significant health problems:

None

Is he more (circle one in each column): Optimistic ☒ Pessimistic ☒ Assertive/Passive ☒ Leader/Follower ☒ Easy Going/Controlling ☒

4. DONOR'S MOTHER

Yr of Birth: 1949

Place of Birth: NY

Eye Color: Hazel

Hair Color: Brown

Describe Hair: Balding ☒ Thin ☒ Average ☒ Thick ☒ Curly ☒ Wavy ☒ Straight ☒ Height: 5'6"

Weight: 160

Complexion: Fair ☒ Medium ☒ Olive ☒ Light/Brown ☒ Medium/Brown ☒ Dark/Brown ☒ Freckles: Yes ☒ NoBone Structure: Small ☒ Medium ☒ Large ☒ Very Large ☒ Vision: Excellent ☒ Good ☒ Fair

Occupation: CEO

Education: some college

Special skills or characteristics: Art, painting/drawing, reading, Animals, Nature

List any past or present significant health problems:

None

Is she more (circle one in each column): Optimistic ☒ Pessimistic ☒ Assertive/Passive ☒ Leader/Follower ☒ Easy Going/Controlling ☒

Interviewer Comments: _____

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5. DONOR'S SIBLING		Half-Sibling	Yr of Birth:	Eye Color:	Hair Color:			
(M)	F	<input type="checkbox"/>	1974	Blue	Blonde			
Describe Hair: Balding Thin Average Thick Curly Wavy Straight		Height:	Weight:					
		6'	185					
Complexion: Fair Medium Olive Light/Brown Medium/Brown Dark/Brown		Freckles: Yes No						
		No						
Bone Structure: Small Medium Large Very Large		Vision: Excellent Good Fair Poor						
		Fair						
Occupation: Software Engineer		Education: BA Computer Science						
Special skills or characteristics: Loves to read, traveler, debates various topics								
List any past or present significant health problems: None								
Is (s)he more (circle one in each column):		Optimistic/Pessimistic	Assertive/Passive	Leader/Follower	Easy Going/Controlling			
6. DONOR'S SIBLING		Half-Sibling	Yr of Birth:	Eye Color:	Hair Color:			
(M)	F	<input type="checkbox"/>	1971	Blue	Blonde			
Describe Hair: Balding Thin Average Thick Curly Wavy Straight		Height:	Weight:					
		6'	130					
Complexion: Fair Medium Olive Light/Brown Medium/Brown Dark/Brown		Freckles: Yes No						
		No						
Bone Structure: Small Medium Large Very Large		Vision: Excellent Good Fair Poor						
		Good						
Occupation: student		Education: BA Art						
Special skills or characteristics: Artistic, Analytical, Adventurous, Excellent teacher								
List any past or present significant health problems: None								
Is (s)he more (circle one in each column):		Optimistic/Pessimistic	Assertive/Passive	Leader/Follower	Easy Going/Controlling			
7. GRANDPARENTS (Please circle only one for appropriate columns)								
	Place of Birth	Living/Age	Hair Color	Eye Color	Health is:	Deceased/Age	Cause of Death	List any Health Problems:
MGM	Norway	82	Brown	Blue	(G) F P			
MGF	NY	82	Brown	Green	(G) F P			
PGM	US		Brown	Hazel	G F P	70		arthritis
PGF	US	85	Brown	Blue	(G) F P			

PART 3 - DONORS PERSONAL MEDICAL HISTORY (Please circle choice)

1. What is your general state of health?		Excellent	Good	Fair	Poor						
2. Do you have any current problems with any of the following?		<input checked="" type="checkbox"/> No	<input type="checkbox"/> yes	(circle all that apply):							
Skin	Mouth	Ears	Throat	Breasts	Lungs	Heart	Stomach	Intestines	Kidney	Bladder	Nervous System
Blood											
Eyes	Bowel	Liver	Bones	Muscles	Blood Vessels	Immune System	Endocrine system				
3. Have you ever been hospitalized?		<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	If yes, please explain: Dislocated shoulder							

Interviewer Comments:

PGM - deceased age 70, likely ~~accidental~~ pain medications.

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PART 3 - DONORS PERSONAL MEDICAL HISTORY Cont'd

4. Have you ever had surgery for (including but not limited to un-descended testicle(s), hernia, pelvic, bladder or abdominal)?

☒ Yes☐ No

If yes please provide the following information:

Year

Hospital

Type of Problem/Surgery

1998Group HealthRemoved soft tissue Damage from Dirt Bike injury

5. Do you have any allergies to drugs, food, or environment, such as hay fever?

☐ Yes☒ No☐ Unsure

6. Are you taking any non-prescription medications, including vitamins?

☒ No☐ Yes

Please list any you are currently taking and for how long.

7. Are you taking any prescription medications?

☒ No☐ Yes

Please list any you are currently taking and for how long.

8. Do you use any performance enhancing drugs, including steroids?

☐ Yes☒ No

If so, please list:

9. Do you wear glasses?

☐ Yes☒ No

How is your vision w/o glasses?

ExcellentGood

Fair

Poor

10. Are you:

☐ Nearsighted

or

☐ FarsightedYour vision is: 20/ 20☐ Unsure

11. Do you have any hearing problems?

☐ Yes☒ No

If yes, please explain:

12. What is the condition of your teeth? Excellent Good Fair PoorHow is your diet? Good

Fair

Poor

Vegetarian

13. Do you exercise:

4 or more times per week

1-3 times per week

Never/almost never

14. Describe your exercise routine:

Weight Training & Jogging

15. Have you ever had a serious or prolonged illness?

☐ Yes☒ No

If yes, please explain:

16. Do you take hot baths, hot tubs, saunas or steam baths?

☐ Daily☐ Weekly☒ Infrequently

17. Do you use any of the following?

☐ Yes☒ No

If yes, please complete the following information:

	Frequency of Use	Last Time Used		Frequency of Use	Last Time Used
Marijuana			Hallucinogens		
Psychiatric Meds			Anti-depressants		
Cocaine			Tranquilizers		
Narcotic Pain Killers			Amphetamines		
Barbiturates			Other		

18. Do you smoke? ☐ Yes ☒ No

How long have you smoked?

If yes how many per day?

19. Do you drink coffee?

☒ Yes ☐ No

If yes, how many cups per day?

OneHow many alcoholic drinks do you consume in a week? 6 Per Month? _____Have you ever had a major radiation exposure or x-ray exposure, including in your line of work?☒ Yes☐ No

If yes, please explain:

Dental X-rays & Body X-rays for Injuries

Interviewer Comments:

Donor ID#

WMM21. Have you ever been exposed to significant amounts of the following in your living environment, work or hobbies: ☐ Yes ☒ No

If yes:	Type	When	How Often	For How Long
	Toxic Chemicals			
	Drugs			
	Pesticides			
	Fumes/Exhaust/ Gases			
	Flea Powder/Sprays			
	Lead Products			
	Asbestos Products			
	Herbicide Products			

PART 4 – DONOR AND FAMILY MEDICAL HISTORY

Please indicate how many of each of the following relatives you have:

Sibling-Brother	<u>2</u>	Aunt-Maternal	<u>3</u>	Cousin-Maternal-Female	<u>2</u>
Sibling-Sister	<u> </u>	Aunt-Paternal	<u>2</u>	Cousin-Maternal-Male	<u>2</u>
Half-Brother	<u> </u>	Uncle-Maternal	<u>0</u>	Cousin-Paternal-Female	<u>4</u>
Half-Sister	<u> </u>	Uncle-Paternal	<u>1</u>	Cousin-Paternal-Male	<u>3</u>

Are there any known genetic diseases that run in your family? ☐ Yes ☐ None Known

Please indicate which of the following medical problems you or your blood relatives have had to the best of your knowledge. Please check "No One" for each medical problem listed above which has not affected your or any of your family members.

A	Medical Problem	Sibling					Grandparents				Aunts/Uncles		Cousins		None Known
		You	M	F	M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F	
1	Cleft Lip, palate														<input checked="" type="checkbox"/>
2	Club Feet														
3	Extra fingers and toes														
4	Down Syndrome														
5	Mental Retardation														
6	Unexplained infant or childhood deaths														
7	Multiple family members with same trait disease														
8	Individuals much shorter/taller than rest of family														
9	Individuals who look unusual or different														
10	Multiple miscarriages														
11	Stillbirths														
12	Other birth defects (even if correctable)														

Interviewer Comments: _____

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C06299

Medical Problem		You	M	F	Sibling		Grandparents				Aunts/Uncles		Cousins			
B	Skin Problems				M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F	None Known	
1	Adult Acne (not teen pimples)															✓
2	Eczema															
3	Psoriasis															
4	Skin Cancer (Melanoma)															
5	Skin Cancer (Basal Cell Carcinoma)															
6	Other Skin disorders															
C	Sight/Sound/Smell	You	M	F	M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F	None Known	
1	Deafness before age 60															
2	Significant hearing loss															
3	Deformity of the ear															
4	Strabismus															
5	Cataracts before age 60															
6	Macular Degeneration															
7	Blindness															
8	Color Blindness															
9	Glaucoma															
10	Anosmia (Lack of Smell)															
11	Other sight/sound/smell disorders															
D	Mental or Neurological	You	M	F	M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F	None Known	
1	Migraines															
2	Senility before 50															
3	Alzheimer's diseases (age of onset)															
4	Parkinson's															
5	Multiple sclerosis															
6	Cerebral palsy															
7	Autism/Mental Retardation															
8	Epilepsy or seizure															
9	Stroke															
10	Progressive Muscular Disorders															

Interviewer Comments:

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Medical Problem		You	M	F	Sibling		Grandparents				Aunts/Uncles		Cousins		None Known	
D	Mental or Neurological Cont'd				M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F		
11	Learning Difficulties/ Special Ed/Speech Delay															✓
12	Sleep Disorders															
13	Attention Deficit Hyperactivity Disorder (ADHD)															
14	Hydrocephalus (Fluid on the brain)															
15	Disorder of the spinal cord															
16	Huntington's disease															
17	Degenerative Nerve Disorders															
18	Neurofibromatosis															
19	Neural tube defect															
20	Other diseases of the nervous system															
Medical Problem		You	M	F	Sibling		Grandparents				Aunts/Uncles		Cousins		None Known	
E	Heart Problems or Circulatory				M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F		
1	Heart defects at birth															
2	Heart disease															
3	Heart attack (age of onset)															
4	High Cholesterol															
5	High Blood Pressure															
6	Cardiomyopathy															
7	Sudden Death															
Medical Problem		You	M	F	Sibling		Grandparents				Aunts/Uncles		Cousins		None Known	
F	Blood Problems				M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F		
1	Anemia															
2	Sickle-Cell anemia															
3	Hemophilia or other bleeding problems															
4	Polycythemia															
5	Blood Clots															
6	Other blood disorder															
Medical Problem		You	M	F	Sibling		Grandparents				Aunts/Uncles		Cousins		None Known	
G	Respiratory (Lungs)				M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F		
1	Hay Fever											✓				
2	Asthma															✓

Interviewer Comments:

Uncle - MILD SEASONAL ALLERGIES.

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Medical Problem		You	M	F	Sibling		Maternal GM	Maternal GF	Paternal GM	Paternal GF	Aunts/Uncles		Cousins		None Known
G	Respiratory (Lungs) Cont'd														
3	Tuberculosis														✓
4	Lung cancer														
5	Emphysema or Chronic Lung Disease														
6	Other lung disease														
H	Metabolic, Endocrine, or Autoimmune														
1	Type I Diabetes (Insulin Dependent, Juvenile Onset)														
2	Type II Diabetes (Adult Onset)		✓												
2	Thyroid cancer														✓
3	Thyroid disease														
4	Goiter														
5	Adrenal dysfunction or disorder														
6	Other														
I	Gastro-intestinal Problems														
1	Ulcer or stomach or duodenum														
2	Gallstones														
3	Other liver disease														
4	Colon cancer														
5	Intestinal cancer														
6	Ulcerative colitis														
7	Crohn's disease														
8	Any other disease/problem of digestive system														
J	Urinary Problems														
1	Kidney disease														
2	Bladder Cancer														
3	Kidney Cancer														
4	Other disease of the Urinary tract (urethra, bladder, ureter)														
5	Other, including born with one kidney or kidney failure														

Interviewer Comments:

M - prediabetes; no meds - controlled by dietary changes
 (lifestyle changes)

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K	Medical Problem	You	Sibling				Grandparents				Aunts/Uncles		Cousins		None Known	
			M	F	M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F		
1	Abnormally placed urethra (Hypospadias)															✓
2	Premature Menopause or Ovarian Failure															
3	Fragile X Syndrome															
	Multiple Miscarriages															
3	Uterine fibroids															
4	Ovarian cysts															
5	Cancer of cervix, ovaries or uterus															
6	Ambiguous genitals (hermaphrodite)															
7	Other															
M	Medical Problem	You	Sibling				Grandparents				Aunts/Uncles		Cousins		None Known	
			M	F	M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F		
1	Early onset cancer (before age 50)															
2	Breast cancer															
3	Ovarian Cancer															
4	Colon Cancer															
5	Lung Cancer															
6	Brain Cancer															
7	Prostate Cancer															
8	Pancreatic Cancer															
9	Leukemia															
10	Lymphoma															
11	Any family member with more than one type of cancer															
12	Other cancer (Describe)															
L	Medical Problem	You	Sibling				Grandparents				Aunts/Uncles		Cousins		None Known	
			M	F	M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F		
1	Schizophrenia															
2	Manic-depressive illness (Bi-Polar)															
3	Other mental health disorder requiring hospitalization															
4	Severe depression with period of inability to function															

Interviewer Comments: _____

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N	Medical Problem	You					Sibling		Grandparents				Aunts/Uncles		Cousins		None Known
		M	F	M	F	M	F	Maternal GM	Maternal GF	Paternal GM	Paternal GF	A	U	M	F		
1	Problems of the Muscle, Bones, or Joints																
2	Muscular dystrophy																
3	Degenerative Muscle Disorders																
4	Lupus																
5	Scoliosis																
6	Spina bifida																
7	Osteoporosis																
8	Arthritis (rheumatoid osteo, unknown type)																
9	Gout																
10	Other musculoskeletal disease																
11	Other chronic muscle disease																
12	Medical Problem																
13	Other Disorders																
14	Alcoholism																
15	Drug abuse, misuse, or addiction																
16	Tay-Sachs																
17	Canavan Disease																
18	Cystic Fibrosis																
19	Gaucher's disease																
20	Familial Dysautonomia																
21	Bloom syndrome																
22	Fanconi anemia group C																
23	Glycogen storage disease type 1a																
24	Maple syrup urine disease																
25	Mucopolysaccharidosis type IV																
26	Niemann-Pick disease																
27	Huntington's chorea																
28	Marfan's disease																
29	Gulliam-Barre																
30	Wilson's disease																
31	Adverse Reaction to Medications																
32	Diagnosis of any known genetic syndrome																
33	Missing teeth (from birth)																
34	Any other condition not previously mentioned																

Interviewer Comments:

603 - PCM osteo Arthritis Hands and feet - onset